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1 **Comparable cortisol, heart rate and milk let-down in nurse sows and non-nurse sows**

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11 Running title: Nurse sows and non-nurse sows

12 **Abstract**

13 Increasing litter size in hyperprolific sows has led to the need for management systems for  
14 surplus piglets, one of which is the use of nurse sows. The aim of this study was to  
15 investigate physiological changes in salivary cortisol, heart rate and number of milk let-  
16 downs in nurse sows compared to non-nurse sows. Sows were divided into three treatments:  
17 1) control (non-nurse) sows nursed their own piglets until weaning at 26 days of age; 2)  
18 nurse1 sows had their own piglets removed and replaced with newborn piglets (between 6 -  
19 24 h old) at Day 7, these were weaned at Day 33 of the sow's lactation period and 3) nurse2  
20 sows weaned their own piglets at Day 21 and received a litter of 7 day old piglets from a  
21 nurse1 sow. These new piglets were weaned at Day 40 of the nurse2 sow's lactation period.  
22 Saliva samples were collected for cortisol analyses and the sows were fitted with pulse belts  
23 to monitor heart rate. Cameras were placed above the pens to record milk let-downs. Overall,  
24 there was no influence of treatment on salivary cortisol, heart rate or the number of milk let-  
25 downs/h. There was an effect of time as cortisol levels fell throughout lactation ( $P<0.001$ ),  
26 and heart rate increased ( $P<0.001$ ). Nurse1 sows had a lower cortisol concentration on Day  
27 31 compared to Day 24 ( $P<0.028$ ). The same was found for nurse2 sows, where the salivary  
28 cortisol concentration on Day 31 and Day 38 was significantly lower than on Day 24  
29 ( $P<0.001$ ). The present study found no differences in short-term (when the sows received  
30 new piglets) or long-term (throughout the lactation period) cortisol and heart rate  
31 measurements between different treatments. In addition, the frequency of milk let-down/h  
32 was the same for nurse sows as for non-nurse sows.

33

34 Key words: Cortisol, cross-fostering, heart rate, large litters, nurse sows

35

36

37 **1. Introduction**

38 In hyperprolific sows, litter size routinely exceeds the ability of individual sows to  
39 successfully rear all the piglets as viable piglets outnumber functional teats. Therefore, a  
40 number of management measures are being used. Nurse sows are widely used in countries  
41 such as Denmark and Holland with the two-step nurse sow system being the most common  
42 (Baxter et al. 2013). Nurse sows lactate for longer compared with non-nurse sows as they  
43 receive a “new” litter once their own piglets are weaned. As a result, the nurse sows stay in  
44 the farrowing crate for a longer period than she would have stayed if just rearing her own  
45 piglets. Recently, the welfare of nurse sows has been questioned and points of concern  
46 include the acute stress (behavioral and physiological) of removing the native litter and  
47 adopting a new one and the prolonged stress experienced by having to stay longer in  
48 farrowing crates (Baxter et al. 2013).

49 Acute effects of nurse sow systems are likely to include disputes at the udder due to a  
50 new litter which is likely to influence maternal behavior (Rutherford et al. 2013). In addition,  
51 a period of udder distension between removal and acceptance of litters might occur which is  
52 likely to cause discomfort as seen in dairy cows (Osterman and Redbo, 2000). It is also not  
53 known what the prolonged stay in the farrowing crates relates to in terms of sow welfare; a  
54 prolonged stay in farrowing crates with up to three weeks extra might cause changes in the  
55 hypothalamic-pituitary-adrenal (HPA) axis, suggesting chronic stress as reported by Jarvis et  
56 al. (2006).

57 The aim of this study was therefore to investigate the physiological response by  
58 measuring salivary cortisol, heart rate and the frequency of milk let-downs of nurse sows  
59 compared with non-nurse sows. We hypothesized that nurse sows would express acute (short-  
60 term) and prolonged (long-term) stress, measured by increased salivary cortisol

61 concentrations, a higher heart rate and altered milk let-down frequency compared to non-  
62 nurse sows.

63

## 64 **2. Material and methods**

65 All sampling, housing and measurements were conducted in accordance with Danish  
66 laws and regulations for the humane care and use of animals in research [The Danish  
67 Ministry of Justice, Animal and Testing Act (consolidation Act no. 726 of September 9,  
68 1993, as amended by Act No. 1081 of December 20, 1995)].

### 69 *2.1 Animals and experimental design*

70 This study was conducted on a Danish commercial piggery over two time periods  
71 (summer 2013 and winter 2013/14). Sixty-six sows of parity one to three (Danish Landrace ×  
72 Danish Yorkshire) mated with Duroc semen (Hatting KS, Horsens, Denmark) were randomly  
73 allocated based on parity to one of three treatments on entry to the farrowing house at day  
74 112 of gestation giving a total of 22 replicates per treatment. Treatment 1 was the control  
75 where sows kept their own piglets that were weaned 26 days after parturition (**non-nurse**  
76 **sows**). In treatment 2 (**nurse1**), the sow's own piglets were transferred **at 1000 h** to interim  
77 sows 7 days after parturition (4-8 days of lactation) and the sows received newborn 6 to 24  
78 hour old piglets that were given direct access to the sow **at 1015 h**. These nurse piglets were  
79 weaned at Day 33 of nurse1 sow's lactation period, when the new piglets had an age of  
80 approx. 26 days. In treatment 3 (**nurse2**), the sows weaned their own piglets at Day 21 (21-24  
81 days of lactation) **at 1000 h** and were then given an entire litter of 7 day old interim piglets  
82 from a nurse1 sow. These piglets were kept in the piglet creep area for **45 min** to help  
83 facilitate milk let-down **and let out at 1045 h**. These interim piglets were weaned at Day 40 of  
84 the nurse2 sow's lactation period (approx. 26 days in piglet age) (see Figure 1). Piglets were  
85 always moved on Tuesday between **0945 and 1015 h**.

86 Litters were standardized to 14 piglets, normally within 24 hours after birth, when it  
87 was assumed that all piglets had received colostrum. Day 0 was defined as the day the stock  
88 personnel would normally record the sows as having finished farrowing. Sows were selected  
89 with farrowing dates as close to each other as possible. A nurse1 or nurse2 sow did not  
90 receive more piglets than the number that was removed or weaned from her. Piglets were not  
91 moved again once they were allocated to a treatment group and sows were disturbed as little  
92 as possible. Piglets that died during the experimental period were not replaced and all sows  
93 were kept in the same section in the same pen throughout the trial. Piglets were neither  
94 castrated nor had their teeth ground. At 4 days of age, piglets were tail docked and given an  
95 injection of iron and an oral suspension of Baycox® 5% (Bayer, Germany). If sows showed  
96 signs of health problems they were excluded from the experiment and they were only  
97 replaced if this could be done prior to the Day 6 sampling. **In order to facilitate swift  
98 sampling and moving of piglets; if more than 8 sows needed sampling, two experimenters  
99 performed the procedures together, and no more than three nurse sows were made on one day  
100 to ensure swift moving of piglets with three experimenters performing the task together.**

101

102 Insert Figure 1 somewhere around here

103

## 104 *2.2 Housing and management routines*

105 **During gestation sows were kept in a loose housing system with straw. On day 106 of**  
106 **gestation they were moved to the farrowing section.** The pens were conventional farrowing  
107 crates (Figure 2). Sows were fed a mash lactation diet three times a day (0700, 1130, 1500 h)  
108 according to Danish recommendations (Jørgensen, 2005) based on wheat (50.4%), barley  
109 (25%) and soybean meal (17%) as the main ingredients. The diet contained 7.9 MJ potential  
110 physiological energy/kg fed (Boisen, 2001) and 7.23 g standardized ileal digestible Lys/kg

111 feed. The sows were given 3.9 kg prior to farrowing and 2.2 kg just before farrowing. After  
112 farrowing this amount was increased by 0.4 kg three times a week, and after one week, sows  
113 were fed to appetite with a maximum of 11.0 kg four weeks after farrowing. When receiving  
114 their new piglets on Day 21, nurse2 sows had their feed allowance down regulated to the  
115 amount distributed on Day 7. The feed curve of nurse1 sows was not modified when  
116 receiving their new piglets on Day 7. At 1530 h (half an hour before saliva sampling) the  
117 sows were given a handful of chopped straw as an environmental enrichment. **In order to**  
118 **reflect a commercial farm situation nothing was done to limit disturbances from other pens**  
119 **etc and the farm followed normal routines. All sows were, however, kept in the same section**  
120 **and it was the same pens used throughout the trial (due to camera placement).**

121

122 Insert Figure 2 somewhere around here

123

### 124 *2.3 Recordings*

125 Litter weight was recorded after litter equalization, and when nurse1 and nurse2 sows  
126 weaned or received new piglets as well as at normal weaning for non-nurse sows. Backfat  
127 depths at the P2 site were measured at week one and three for all sows and week five for  
128 nurse2 sows with a sono-grader (Renco, Minnesota, USA). Shoulder lesions were measured  
129 at weaning using a shoulder lesion score card (Kaiser and Petersen, 2014) giving a score of 0  
130 for none or insignificant skin changes < 2 cm, a score of 1 for slight shoulder lesion > 2 cm  
131 and a score of 2 for a severe shoulder lesion > 5 cm.

### 132 *2.4 Saliva samples*

133 Saliva was collected from the sows at three time points (1000, 1300 and 1600 h) on  
134 Days 6, 8, 24, 31 and 38; and four times a day (0900, 1100, 1300 and 1600 h) on Day 7 and  
135 21. These time points were chosen as cortisol follows a circadian pattern (Iranmanesh et al.,

136 1989). A cotton swab (Salivette plain, Sarstedt, Leicester, UK) was attached to a surgical  
137 tong and placed in the mouth of the sows. Sows were allowed to chew on the cotton swab for  
138 approximately 30 seconds, or until saturated. Swabs were centrifuged at  $1000 \times g$  for 2 min at  
139 room temperature within half an hour of collection. The saliva was transferred to eppendorf  
140 tubes and stored at  $-20^{\circ}\text{C}$  until analysis. For the short-term analysis, samples were analysed  
141 individually per time point but for the long-term analysis the three time points (1000, 1300  
142 and 1600 h) were pooled before analysis. Saliva samples were assayed for cortisol levels in  
143 duplicate using a Salivary Cortisol EIA kit (Salimetrics, Newmarket, Suffolk, UK). **Intra-**  
144 **assay variation was below 5 %, inter-assay variation was 6 % and were calculated using**  
145 **standards, and high and low controls from each plate.** Cortisol concentration was quantified  
146 by interpolating absorbance readings from a standard curve generated in the same assay.

#### 147 *2.5 Heart rate measurements*

148 To measure mean heart rate of the sows, pulse belts (model RS800CX, Polar Electro  
149 Oy, Finland) were placed around the chest of the sows on the mornings of Day 6 and Day 20,  
150 at least half an hour before the first saliva sample at 1000 h and removed after the final saliva  
151 sample of Day 8 and Day 22. Recordings were measured **continuously from Monday to**  
152 **Wednesday (from the morning to late afternoon) but broken down into smaller time intervals**  
153 **for data handling and analysis. The pulse belts stayed on the sows from Monday until**  
154 **Wednesday afternoon and were adjusted during the experiment if needed.** Specific timepoints  
155 (1000, 1300, 1600 and 1900 h) were chosen to compare mean heart rate, in a 5 min interval.  
156 The mean heart rate was defined as the amount of heartbeats per min. To correct for errors  
157 specific cut off points were chosen (i.e values below 0.2 and above 1) and the median of five,  
158 5 min intervals were chosen within half an hour of the specific timepoint in question. Heart  
159 rate variability was calculated as the root mean square of successive differences (RMSSD)  
160 (data not shown).



161 *2.6 Milk let-down observations*

162 Video cameras (PTZ security IR-Dome model no. 795JH, PTZ Security, Esbjerg,  
163 Denmark) were placed above the sows in the farrowing unit. Behaviour was recorded from  
164 0900 h on Day 6 until 2200 h on Day 8 for nurse1 and non-nurse sows and, between 0900 h  
165 on Day 20 and 2200 h on Day 22 for nurse2 and non-nurse sows. Behaviour was also  
166 recorded on day 24 for the three groups, on Day 31 for nurse1 and nurse2 sows, and on Day  
167 38 for nurse2 sows. Video recordings were done using AxxonSoft software (AxxonSoft,  
168 Moscow, Russia) and extracted files were converted in OGG converter to jpeg files that could  
169 be read in a software programme developed by the Pig Research Centre for performing  
170 behavioral observations and registrations (RADRA, Pig Research Centre, Denmark) (Oxholm  
171 et al. 2014). The number of milk let-downs per hour was determined from 0900 h on Day 6  
172 (the day before nurse1 received new piglets) until 2200 h on Day 8 (the day after nurse1 sows  
173 received new piglets) for the nurse1 sows and non-nurse sows and were recorded from 0900  
174 h on Day 20 (the day before nurse2 received new piglets) until 2200 h on Day 22 (the day  
175 after nurse2 sows received new piglets) for the nurse2 sows and non-nurse sows. The  
176 ethogram used for registrations is presented in Table 1. The number of milk let-downs per  
177 hour included all behaviours presented in Table 1 except for unsuccessful suckling. It was  
178 observed that there could be cases of, for example, only 6 piglets from a total litter size of 14  
179 that were present at the udder and the sow would still have a milk let-down. Therefore  
180 another category of a successful suckling (F) was included in the ethogram. **For the analysis**  
181 **10 hours per day were included.**

182

183 Insert Table 1 somewhere around here

184

185 *2.7 Statistical analyses*

186 Treatment effects of becoming a nurse sow were estimated by fitting a linear-mixed  
187 model to salivary cortisol, heart rate, milk let-down, and production parameters and were  
188 analysed in SAS (MIXED procedure; SAS Inst. Inc., Cary, NC, USA). The short-term  
189 analyses of the effect of becoming a nurse sow were made according to the following model:

$$190 Y_{ijk} = \mu + \alpha_i + \beta_j + (\alpha\beta)_{ij} + \theta_{jk} + \varepsilon_{ijk}$$

191 Where  $Y_{ijk}$  is the dependent variable measured on the sow (salivary cortisol, heart rate),  $\mu$  is  
192 an overall mean,  $\alpha_i$  is the fixed effect of day ( $i = 6, 7, 8$  or  $20, 21, 22$ ),  $\beta_j$  denotes the effect of  
193 time ( $j = 9, 10, 13, 16, 19$ ),  $(\alpha\beta)_{ij}$  is the interaction between day and time,  $\theta_{jk}$  is the random  
194 effect of sow and  $\varepsilon_{ijk}$  the residual error. The repeated statement was included for time (day  
195 and hour) for the cortisol and heart rate analyses. When analysing data per hour the baseline  
196 measurement was included as a covariate (first cortisol sample 0900 h, and first heart rate  
197 1000 h). No interaction between day and time was found and the variable was therefore  
198 removed from the final model.

199 For the effect of time on treatment the following model was used:

$$200 Y_{ijk} = \mu + \alpha_i + \beta_j + (\alpha\beta)_{ij} + \theta_{jk} + \varepsilon_{ijk}$$

201 Where  $Y_{ijk}$  is the dependent variable measured on the sow (salivary cortisol, heart rate),  $\mu$   
202 denotes the overall mean,  $\alpha_i$  denotes the effect of treatment ( $i = \text{non-nurse, nurse sow}$ ),  $\beta_j$   
203 denotes the effect of time ( $j = 9, 10, 13, 16, 19$ ),  $(\alpha\beta)_{ij}$  is the interaction between treatment  
204 and time,  $\theta_{jk}$  is the random effect of sow and  $\varepsilon_{ijk}$  describes the error term. The repeated  
205 statement was included for time (hour) for the cortisol and heart rate analyses. When  
206 analysing data per hour the baseline measurement was included as a covariate (as above). No  
207 interaction between treatment and time was found and the variable was therefore removed  
208 from the final model.

209 The long-term analyses were made according to the following model:

210  $Y_{ijk} = \mu + \alpha_i + \beta_j + (\alpha\beta)_{ij} + \theta_{jk} + \varepsilon_{ijk}$

211 Where  $Y_{ijk}$  is the dependent variable measured on the sow (salivary cortisol, heart rate and  
212 number of milk let-downs),  $\mu$  denotes the overall mean,  $\alpha_i$  denotes the effect of treatment (i =  
213 non-nurse, nurse1 and nurse2),  $\beta_j$  denotes the effect of time (j = day, hour),  $(\alpha\beta)_{ij}$  is the  
214 interaction between treatment and time,  $\theta_{jk}$  is the random effect of sow and  $\varepsilon_{ijk}$  describes the  
215 error term. The repeated statement was included for time (day and hour) for the cortisol  
216 analyses. No interaction between treatment and time was found and the variable was  
217 therefore removed from the final model.

218 For comparing individual salivary cortisol levels of nurse1 sows at Day 24 compared to Day  
219 31, data of nurse1 sows was analysed using a t-test. A t-test was also used to compare nurse2  
220 sows to themselves as Day 24, Day 31 and Day 38. For all parameters, the random and  
221 residual error components were assumed to be independent and normally distributed, and  
222 their expectations were assumed to be zero. Cortisol data were not normally distributed and  
223 therefore data were logarithmically transformed before analysis. Results presented for these  
224 data are therefore log transformed data with 95% confidence intervals given above the  
225 figures. Heart rate intervals were calculated over 5 mins, four times per day, starting 1005,  
226 1305, 1605 and 1905 h, and were analysed in a model like the one used for cortisol. Video  
227 results were unbalanced and therefore calculated per hour, and the number milk let-downs per  
228 hour analysed in the same model. Means were separated using the PDIFF option and  
229 presented as LSMeans  $\pm$  SE and considered significant when  $P < 0.05$  and a tendency when  
230  $P < 0.10$ .

231

### 232 3. Results

233 Short-term measurements were defined as differences over one or a few days whereas  
234 long-term measurements were defined as differences over the duration of the lactation period.

235 *3.1 Production results*

236 The production results can be seen in Table 2. There was no difference in sow parity,  
237 number of total born piglets, litter size after litter equalization, litter weight after equalization  
238 or backfat depth at the P2 site in week 1 (Table 2) between treatments. The first nurse1 litter  
239 weighed on average  $33.3 \pm 1.55$  kg (7 day old piglets) and the first nurse2 litter on average  
240  $75.1 \pm 2.51$  kg (21 day old piglets). The new litter weight was on average  $22.3 \pm 1.26$  kg for  
241 nurse1 sows (1 day old piglets) and  $32.4 \pm 1.59$  kg for nurse2 sows (7 day old piglets). There  
242 was an effect of week on backfat depth at the P2 site with lower values towards the end of the  
243 lactation period (week 1;  $14.9 \pm 0.4$  mm, week 3;  $13.1 \pm 0.4$  mm and week 5;  $12.3 \pm 0.4$  mm;  
244  $P < 0.001$ ). Nurse2 sows lost  $2.2 \pm 0.4$  mm backfat depth over the duration of the trial  
245 compared to non-nurse sows that lost  $1.9 \pm 0.4$  mm and nurse1 sows that lost  $1.7 \pm 0.4$  mm in  
246 back fat depth at the P2 site, however this difference was not significant (Table 2).

247

248 Insert Table 2 somewhere around here

249

250 *3.2 Short-term salivary cortisol and heart rate*

251 There was no short-term response to becoming a nurse1 sow (Figure 3A) and  
252 furthermore the heart rate was similar on Day 6 (before new piglets) and Day 7 (after new  
253 piglets) for nurse1 sows (Figure 3B). There was no difference in cortisol levels when  
254 comparing nurse1 sows with non-nurse sows (Figure 3C) or heart rates (Figure 3D) when  
255 nurse1 sows received new piglets at 1100 h on Day 7. There was an effect of time with heart  
256 rate values being highest at the afternoon (1600 h) reading ( $P < 0.05$ ) but no differences  
257 between treatments.

258

259 Insert Figure 3 somewhere around here

260

261 There was no short-term response on cortisol or heart rate to becoming a nurse2 sow (Figure  
262 4A and B) with similar values on Day 20 (before new piglets) as on Day 21 (receiving new  
263 piglets) and Day 22 (after new piglets). Likewise, there was no difference in salivary cortisol  
264 levels (Figure 4C) or heart rates (Figure 4D) when comparing nurse2 sows with non-nurse  
265 sows when nurse2 sows received new piglets at 1100 h on Day 21. Day 22 salivary cortisol  
266 showed no differences (results very similar to Day 21) between nurse2 and non-nurse sows  
267 (data not shown). There was an effect of time on the heart rate response with significantly  
268 higher values being read in the afternoon (1600 h;  $P=0.04$ ) compared to other time points, but  
269 there were no differences between treatments.

270

271 Insert Figure 4 somewhere around here

272

### 273 *3.3 Long-term salivary cortisol and heart rate*

274 Mean cortisol concentration or heart rate did not differ between treatments at any  
275 stage of lactation ( $P>0.10$ ). Long-term salivary cortisol can be seen in Figure 5A. The long-  
276 term cortisol results showed that the nurse1 sows had lower cortisol concentrations on Day 31  
277 compared to Day 24 ( $P=0.028$ ). The same was found for nurse2 sows where the salivary  
278 cortisol concentration on Day 31 and Day 38 was lower than day 24 ( $P=0.008$ ). The mean  
279 heart rate over 3 weeks can be seen in Figure 5B. There was an effect of time ( $P<0.001$ ) with  
280 heart rate levels increasing during the lactation period for all treatment groups.

281

282 Insert Figure 5 somewhere around here

283

### 284 *3.4 Milk let-down observations*

285 Due to technical problems reading the video files from the second time period, some  
286 days and hours could not be analysed and were therefore excluded (specifically Day 24, 31  
287 and 38 were very low in numbers  $n < 5$  and therefore not included). The number of milk let-  
288 downs/h can be seen in Figure 6. There were no differences between treatments for days 6, 7,  
289 8, 13 and 20. There was a tendency towards nurse2 sows having a higher frequency of milk  
290 let-down on Day 21 compared to nurse1 and non-nurse sows ( $P=0.060$ ). On Day 22, nurse2  
291 sows had more milk let-downs than nurse1 and non-nurse sows ( $P<0.002$ ). However, when  
292 comparing the last milk let-down measurements where the piglets were the same age (approx.  
293 24 days) and not the day of lactation for the sow the average number of milk let-downs was  
294 1.8 milk let-downs/h for non-nurse sows at Day 24, 1.6 milk let-downs/h for nurse1 sows at  
295 Day 31 and 1.9 milk let-downs/h for nurse2 sows at Day 38 ( $n=5$ ).

296

#### 297 4. Discussion

298 Breeding programs towards hyperprolific sows have resulted in sows that produce a  
299 surplus of piglets compared to the sows number of functional teats (Baxter et al. 2013). This  
300 has created a demand for management options in order to increase production and welfare of  
301 the piglets. One management option is to create nurse sows using two-step nurse sow  
302 strategies as described in the study design. Recently, however, the welfare of these sows has  
303 been questioned as nurse sows have an extended lactation period and may spend up to 42 –  
304 49 days in a farrowing crate not including the pre-farrowing period (Baxter et al. 2013). In  
305 addition, it has recently been reported that nurse sows have a significantly higher risk of  
306 swollen bursae on legs and udder wounds (Sørensen et al. 2016). In this study sows were  
307 chosen randomly. Stock personnel normally select high performing sows in good body  
308 condition as nurse sows (Sørensen et al. 1016) to ensure that they meet the demands of the  
309 new litter for care and milk. Thus maximum pressure was put on the nurse sows selected in

310 the present study. Despite this only small differences in physiological responses and milk let-  
311 downs were found between the different groups **in this study**.

312         Stressful experiences stimulate the synthesis and release of glucocorticoids (Francis  
313 and Meaney, 1999), and salivary cortisol can be an effective and accurate tool for assessing  
314 stress if data are interpreted correctly acknowledging the circadian rhythm and the  
315 physiological state of the animal (Hawkins et al. 2014), and if the sampling method itself is  
316 not deemed a stressful experience. In addition, cortisol production shows large inter-  
317 individual variation which has a considerable genetic basis (Murani et al. 2012) and this  
318 should therefore also be considered. Differences in short term cortisol concentrations in  
319 response to stressful experiences have been shown in relation to mixing of gilts during  
320 pregnancy (Courret et al. 2009) and to loading and journey type (rough versus smooth)  
321 (Bradshaw et al. 1996). Furthermore, castration in pigs increases cortisol concentrations  
322 (Prunier et al. 2005) and feeding gilts restrictedly causes a significant increase in morning  
323 cortisol levels compared to gilts fed a high feed level **in salivary cortisol** (Amdi et al. 2013).  
324 In the current study no difference was found in the short-term salivary cortisol levels between  
325 the nurse and the non-nurse sow. Hence the results suggest that receiving new piglets during  
326 lactation did not evoke a **measurable** physiological stress response **by saliva sampling. A**  
327 **more accurate measurement, for example through continuous blood sampling at the specific**  
328 **time point when the sows received the new piglets would perhaps have shown a more**  
329 **sensitive and accurate result, albeit more invasive and challenging to perform under**  
330 **commercial conditions**.

331         The mean salivary cortisol of both nurse sows and non-nurse sows fell over lactation,  
332 reaching levels as low as 11.1 nmol/l at Day 24 and 7.4 nmol/l at Day 38 of lactation. Shortly  
333 after a stress has begun the hypothalamic-pituitary-adrenal (HPA) axis may become activated  
334 resulting in elevated cortisol output, however over time the body could mount a counter–

335 regulatory response that ensures that cortisol output rebounds below normal (Miller et al.  
336 2007). A prolonged stay in farrowing crates with up to three weeks extra might cause changes  
337 and an adaption in the HPA axis suggesting chronic stress as found by Jarvis et al. (2006) on  
338 sows that had been confined up to 29 days in farrowing crates after a corticotrophin releasing  
339 hormone (CRH) challenge. In addition, a study by van der Staay et al. (2010) comparing the  
340 effects of chronic stress in tethered and loose sows, found that chronically stressed sows  
341 develop depression-like symptoms measured by the size of the pituitary gland and differences  
342 in for example  $\beta$ -globin mRNA in the hippocampus. Thereby suggesting that recurring stress  
343 over 4.5 years had lasting neuroendocrine effects (van der Staay et al. 2010). However, as  
344 both non-nurse and nurse sows reached very low levels over the same period of time in this  
345 study, it is unlikely that being selected as a nurse sow will affect salivary cortisol  
346 concentration in a hormone challenge such as a CRH challenge. In addition, nurse2 sows had  
347 significantly lower values when compared to themselves on Day 31 and Day 38 compared to  
348 Day 24 suggesting a physiological decrease in cortisol as lactation progresses. Therefore, it is  
349 important not only to conclude on the stress level by investigating cortisol levels, other  
350 factors must be measured to make more definitive conclusions. Whilst heart rate and the  
351 occurrence of milk let-downs/h are not exhaustive measures of behavioural disturbance they  
352 do give the ability to inform us further about the sow's physiological state.

353         The heart rate showed a significant effect of time, with values varying over the day  
354 and also over the duration of the lactation period with higher values towards the end of the  
355 lactation period. Although heart rate only shows the net effect of the vagus (Rietmann et al.  
356 2004), heart rate can vary according to the body's physical needs which can be changed by  
357 stress (Kudielka et al. 2004). The afternoon heart rate was highest for all groups. These  
358 findings could be explained by a general higher activity level in the afternoon, which also  
359 coincided with the sows receiving their afternoon straw. The increasing heart rate throughout



360 the lactation period could be explained by the increasing blood flow needed for milk  
361 production (Farmer et al. 2008). Short-term and long-term heart rate did not differ between  
362 non-nurse, nurse1 and nurse2 sows and therefore not influenced by nurse sows (both 1 and 2)  
363 receiving new piglets and can thus be attributed to normal physiological responses as the two  
364 mentioned (i.e. general higher activity level in afternoon and increasing blood flow).

365 The prolonged time nurse sows remain confined in farrowing crates raises welfare  
366 concerns, and it was hypothesised that this would change the nursing behavior of the nurse  
367 sows compared to non-nurse sows. For example, the nurse sow (nurse2) receiving 7 day old  
368 piglets after weaning her own 21 day piglets might experience a build-up of milk when not  
369 suckled at normal intervals (Baxter et al. 2013). Also, cross-fostering disrupts the teat  
370 suckling relationships of the whole litter compared with those of non-nurse litters and  
371 resulted in sows snapping more at fostered piglets than non-nurse sows did (Robert and  
372 Martineau, 2001). In the current study, the nurse2 sows quickly adjusted to the new piglets, a  
373 possible explanation for this could be that entire litters were transferred rather than in a  
374 normal cross-fostering protocol where a proportion of piglets already established on the udder  
375 remain with others being fostered on. In addition, nurse2 sows tended to have higher  
376 frequencies of milk let-downs on Day 21 and significantly more on Day 22 compared to  
377 nurse1 and non-nurse sows. This can however be explained by the piglets not being the same  
378 age at Day 21 (nurse2 received 7 day old piglets) and can therefore not be compared without  
379 taking into account the age of the piglets. It does, however, reject the hypothesis that nurse2  
380 sows would experience more unsuccessful milk let-downs. One of the methods of making  
381 sure the sow will accept a new litter is by keeping the piglets in the creep area for an hour in  
382 order to let the sow accumulate milk (English, 1999). This was therefore the procedure used  
383 for the nurse2 sows that received the 7 day old piglets and could also explain the quick  
384 adoption of the new litter. In agreement with the current study, Heim et al. (2012) found that

385 there was no adverse effects on growth performance of piglets that were cross-fostered and  
386 they found no differences in percentage of missing nursing periods. The number of milk let-  
387 downs when the piglets were the same age (approx. 24 days) rather than the day of lactation  
388 for the sow showed similar results suggesting that the age of the piglet influences milk let-  
389 downs.

390 In the wild, the proportion of sucklings initiated by the sow decreased after 10 weeks  
391 of lactation with an average weaning age of 17.2 weeks (Jensen and Recén, 1989). Therefore  
392 it could be argued in terms of the biology of the pig that it is not an unusually long lactation  
393 time that the nurse2 sow experienced. However, the sows studied by Jensen and Recén  
394 (1989) suckled fewer (on average 50% less) piglets than sows in the current study (avg 7.4  
395 piglets, range 5-10), the piglets could forage and the sows were not under close confinement.  
396 Hence in this respect nurse2 sows in the current study experienced greater challenges. It is  
397 possible that sows can adapt very quickly to the new situation (Baxter, 1989). However, the  
398 possibility that this is a coping mechanism in response to apathy (van der Staay et al. 2010)  
399 should also be considered. **In addition, crated sows are less able to respond, and thus  
400 behavioural as well as physiological responsiveness to environmental challenges may be  
401 downregulated (von Borell et al. 2001).**

402 A prolonged lactation might lead to loss of body condition and shoulder ulcers  
403 (Rutherford et al. 2013), as well as claw and other limb lesions, thereby **causing** discomfort to  
404 the sow (Larsen et al. 2015). In the current study neither the nurse1 or nurse2 sows developed  
405 shoulder ulcers despite losing 2 mm in P2 back fat and no differences were found between  
406 treatments. **This corresponds with a recent study by Sørensen et al. (2016), who found no  
407 difference in the occurrence of shoulder lesions between nurse and non-nurse sows. Sørensen  
408 et al. (2016) did however report an increased risk of swollen bursae on legs. But besides,  
409 Sørensen et al. (2016), limited research is available of the impact of confinement for longer**

410 periods on for example claw health. In addition the focus of the current study was on the sow  
411 and further studies on the effect on the piglets on being moved to a nurse sow are warranted.

412

## 413 **5. Conclusion**

414 Nurse sows spend up to 45 days in a crate; however this current study found no  
415 differences in short-term or long-term cortisol and heart rate measurements between different  
416 treatments. In addition the amount of milk let-downs/h was the same for the nurse sow  
417 towards a new litter as for sows nursing their own piglets. It cannot be ruled out that the non-  
418 significant findings throughout the experiment could be due to the lack of sensitivity of the  
419 on-farm measurements.

420

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427 farm.

428 **Table 1.** Ethogram of the sow's milk let-down behaviour

429

Behaviour	Description
Start of suckling (D)	Suckling defined as more than 75 % of the litter being active at massaging the udder and suckling bout sees piglets in brace position attached to functional teats and completing a suckling.
Successful sucklings (S)	50 % or more of the piglets are active at the udder (within one piglet length of the udder, with sow lying laterally) 2 minutes or more, prior to milk let down.
Unsuccessful sucklings (I)	Sow terminates or piglets terminate before milk let-down
Successful suckling (F)	Less than 50 % of the piglets are active at the udder (within one piglet length of the udder, with sow lying laterally) 2 minutes or more, prior to milk let-down.
Unsure (U)	If unsure of an actual milk let-down (piglets at udder but not suckling) U was recorded.

430

431 **Table 2.** Production results and backfat depth at the P2 site for non-nurse, nurse1 and nurse2  
 432 sows

	Treatment			SE	<i>P-values</i>
	Non-nurse	Nurse1	Nurse2		
<i>n</i>	24	23	22		
Parity	1.8	1.8	1.6	0.15	0.48
Total born	18.5	17.5	17.2	0.70	0.64
Littersize after equalisation	14.0	13.9	14.0	0.04	0.35
Litterweight after equalisation	19.9	19.6	20.4	0.49	0.37
Day of lactation when piglets were moved	na <sup>1</sup>	6.9	21.6	0.36	na
No of piglets moved	Na	12.9	12.7	0.22	na
Average number of piglets received by sows	Na	12.9	12.4	0.20	na
Lactation days at weaning	24.6	31.9	39.6	0.37	na
Litterweight at weaning	85.0	73.8	73.9	0.37	na
Total weaned	13.0	11.1	12.0	0.25	na
Backfat P2, mm					
Week 1	14.8	15.1	14.0	0.37	0.38
Week 3	13.0	13.4	12.7	0.37	0.68
Week 5	Na	na	11.8	0.42	na
<b>Backfat loss P2,mm</b>	<b>1.9</b>	<b>1.7</b>	<b>2.2</b>	<b>0.4</b>	<b>0.37</b>

433 <sup>1</sup>Results are non-comparable due to time differences and therefore there are no *P-values* for  
 434 some variables. The SE presented are pooled SE values across treatments.

435 **Fig. 1.** The timeline of the nurse sow trial. The black arrow shows the timeline - all times are  
436 related to the length of time the sows are lactating after farrowing – not piglet age. The grey  
437 arrows show the time the sow spends with her own piglets. The broken arrow indicates  
438 piglets being crossfostered from nurse1 to nurse2 sows. Non-nurse sows weans piglets at 26  
439 days, nurse1 sows weans at 33 days and nurse2 sows wean their final batch of piglets at 40  
440 days.

441

442 **Fig. 2.** Layout of the pen all sows were kept in during the lactation period.

443

444 **Fig. 3.** A) Short term salivary cortisol of nurse1 compared to herself at 1000, 1300 and 1600  
445 h on Day 6, Day 7 and Day 8 and B) average heart rates of nurse1 compared to herself at  
446 1000, 1300, 1600 and 1900 h on Day 6 compared to Day 7 and C) salivary cortisol of nurse1  
447 compared to non-nurse sows at 0900, 1100, 1300 and 1600 on Day 7 (new piglets) and D)  
448 heart rates of nurse1 compared to non-nurse sows on Day 7 (new piglets) at 1000, 1300, 1600  
449 and 1900 h. **The salivary cortisol data that are presented here are log transformed with normal**  
450 **scale (arithmetic) backtransformed values in brackets.** Heart rate values presented are means  
451  $\pm$  pooled SE. Letters denote effect of time.

452

453 **Fig. 4.** A) Short term salivary cortisol of nurse2 compared to herself at 1000, 1300 and 1600  
454 h on Day 20, Day 21 and Day 22 and B) average heart rates of nurse2 compared to herself at  
455 1000, 1300, 1600 and 1900 h on Day 20 compared to Day 21 and C) salivary cortisol of  
456 nurse2 compared to non-nurse sows at 0900, 1100, 1300 and 1600 on Day 21 (new piglets)  
457 and D) heart rates of nurse2 compared to non-nurse sows on Day 21 (new piglets) at 1000,  
458 1300, 1600 and 1900 h. **The salivary cortisol data that are presented here are log transformed**

459 with normal scale (arithmetic) backtransformed values in brackets. There was an effect of  
460 time  $(P < 0.05)$ . Heart rate values presented are means  $\pm$  pooled SE

461

462 **Fig. 5.** Long-term salivary cortisol and heart rates in non-nurse, nurse 1 and nurse 2 sows A)  
463 Pooled salivary cortisol levels over days and B) average heart rates. The cortisol data that are  
464 presented here are on a normal scale (arithmetic) backtransformed values. Sows differed  
465 significantly on day  $(P < 0.05)$ ,  $(P < 0.01)$  when compared to themselves. Letters denote  
466 effect of time. The salivary cortisol data that are presented here are log transformed with  
467 normal scale (arithmetic) backtransformed values in brackets. Heart rate values presented are  
468 means  $\pm$  pooled SE

469

470 **Fig. 6.** Milk let-downs/h for non-nurse, nurse1 and nurse2 sows. Treatments differed  
471 significantly on day  $(P < 0.05)$ ,  $(P < 0.01)$ ,  $(P < 0.001)$ . Values presented are means  $\pm$   
472 pooled SE. Day 6 (n = 17, 22, 13), Day 7 (n = 17, 21, 11), Day 8 (n = 10, 10, 10), Day 13 (n  
473 = 13, 14, 6), Day 20 (n = 17, 17, 21), Day 21 (n = 18, 10, 21) and Day 22 (n = 9, 10, 10) for  
474 non-nurse, nurse1 and nurse2 sows, respectively.

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