A Better Future for Europe’s Rural Regions

Rural Policy Centre Research Report

Final Report for the Council of Europe

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1 For more information see: https://www.sruc.ac.uk/jatterton and https://www.sruc.ac.uk/sskerratt. For more information on the Rural Policy Centre, please see: www.sruc.ac.uk/ruralpolicycentre.
Executive Summary

- Rural regions across Council of Europe member states are hugely diverse. Some rural areas represent the most prosperous and well performing regions in their countries, while others are experiencing depopulation, demographic ageing and high levels of poverty and land abandonment is a very real risk. The 2008 economic crisis has increased the disparities between rural regions.
- There are different rationales for intervening in rural regions, including the need to support the living conditions and wellbeing of rural citizens, and to promote equity in terms of service and infrastructure provision. Other rationales relate to the need to support businesses in the accumulation of capital and the need to ensure that rural land and resources are properly maintained and wisely used. There may also be benefits from state investment in underdeveloped regions to reduce the potential for out-migration and associated instability, including in public service provision, and to increase economic and social cohesion across national and regional territories.
- Reviewing the OECD, EU and Eastern Partnership work on rural development in recent decades demonstrates a shift from an emphasis on large-scale, sectoral and exogenously-generated development projects to smaller endogenously-generated, holistic regeneration projects where multiple organisations work collaboratively in partnership.
- For these new approaches, the capacity of communities to engage is critical, especially at a time when public sector budgets are being tightened.
- Importantly, there is also an increasing emphasis on building positively on the assets of rural places, rather than highlighting their needs and deficiencies. This approach recognises the potential of all rural regions to contribute to regional and national food security or to be at the forefront of innovative approaches to demographic ageing, delivering services, or valuing natural resource-based amenities.
- The diversity of rural regions means that policy responses may need to be different in different places. For example, it may be appropriate for some regions to maintain a focus on targeted investments, for example in infrastructure, including digital technologies, or in skills improvement and training. In rural regions where agriculture is still a dominant employing sector it is important to ensure that it is considered as a key part of a broader rural development strategy. Recognising and building on rural-urban linkages is also important, as is encouraging entrepreneurship and innovation.
- Whatever the focus of different policy approaches, key underlying principles include:
  - Taking a holistic, territorial place-based approach, not one which is sectoral;
  - Engaging communities from the outset as key, if not lead, partners;
  - Partnership-working across agencies;
  - Taking an assets- rather than a needs-based approach.
- The importance of community capacity building cannot be emphasised enough; all community members need to be given the skills, resources, knowledge, space, trust and time to engage fully in development processes.
- Critical to ensuring informed place-based approaches is having a thorough, up-to-date and accurate evidence base on the characteristics of rural places. Investment is needed in existing and new quantitative and qualitative data collection approaches to ensure better rural coverage across Council of Europe member states. Despite the considerable rural diversity, there is much that members can learn from one another through the exchange of information and best practice examples.
1. Introduction

Across Europe, there is great diversity in the characteristics of rural regions, both within and between countries. Some rural regions are performing well in socio-economic terms, often out-performing their neighbouring urban regions with prosperous populations working in well paid jobs. Others perform poorly, with many local people living in poverty, reliant on small-scale agricultural production and experiencing basic service provision, and an outflow of people who are economically active in search of better education and employment opportunities elsewhere.

The OECD has undertaken detailed work exploring the varying performance of rural and urban regions across its member states. This has found that the success or otherwise of rural areas is considerably more affected by change in economic conditions than in urban areas. Remote rural regions are particularly vulnerable to global shocks. Moreover, economic performance varies more across rural regions than it does across intermediate and urban regions. The OECD presents evidence of growing disparities between rural regions, whereby those close to (and usually well connected with) cities have become more dynamic and resilient since the 2008 crisis. In contrast, remote rural regions have not been able to bounce back in terms of employment and productivity so the gap in performance between remote and accessible rural regions is growing2. In addition to the impacts of the global financial crisis, a range of other long-standing and new processes including globalisation, technological change, climate change and demographic ageing, are contributing to making the differences within and between rural regions even more pronounced. These processes are bringing both opportunities and challenges for rural regions.

As well as being particularly vulnerable to changing economic conditions, rural regions are also vulnerable to two false assumptions that are often held by policy-makers. The first is that cities are the only engines of national growth with rural areas simply dependent on them, unable to generate their own ‘endogenous’ growth or, worse still, synonymous with decline. This has resulted in an emphasis in policy on encouraging the agglomeration of economic activities in urban centres, which merely serves to reinforce this assumption. However, the evidence is clear to challenge this picture of lagging rural regions dependent on exogenous resources. In fact, as the OECD has demonstrated, some predominantly rural regions have, on average, shown faster growth than intermediate or even predominantly urban regions3,4.

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Other researchers have also presented evidence of innovation and entrepreneurship in even the most remote rural regions\(^5\).

A second dominant but incorrect policy assumption is one which equates rural economies with agriculture or land-based activities. It is true that agricultural activities still make up substantial proportions of employment in remote rural regions of some northern and western EU member states. In Scotland, for example, agriculture, forestry and fishing activities made up 36% of enterprises in remote rural areas in 2014 and 16% of employment\(^6\). However, in many accessible rural areas across OECD countries, economies are increasingly diversified, outward-looking and interdependent, not just with nearby city regions but with other rural and urban areas across the globe\(^7\). Again in Scotland, for example, 17% of all enterprises operating in the Professional, scientific and technical activities sector are in accessible rural areas\(^8\). This reduced dependence on land-based activities and emergence of a more diversified economy, including a range of manufacturing and service sector activities, helped by advances in information and communities technologies and more flexible working practices, is often termed the shift to a ‘new rural economy’\(^9\).

The ‘new rural economy’ is more usually evident in accessible rural areas, but remote rural areas in EU countries, and many rural regions in other Council of Europe member states, still experience serious and ongoing challenges which require policy intervention. These include: the out-migration of people (particularly those of working age) and an ageing demographic; a heavy reliance on small-scale (often subsistence) agriculture on small units of land; a limited number and range of high quality employment options and a dominance of low paid, low skilled labour with few training and career advancement possibilities; a limited (and often decreasing) level of basic service provision; infrastructure challenges, including poor road and rail links and slow and unreliable (or non-existent) broadband and mobile phone services; and high levels of poverty, including fuel poverty (which often go unmeasured due to difficulties in gathering evidence). The knock-on impacts of depopulation can be significant, in terms of: changes to the natural environment and landscape of an area (for example if people move out of agriculture and land is abandoned); reductions in service provision as demand falls; and reduced levels of knowledge, skills and capacity amongst the local population to lead or contribute to local development projects through endogenously-driven development. This reduced capacity is especially concerning now at a time when activities are being devolved from the public sector to local people and communities as public sector budgets become more constrained. Local communities need to have the skills, resources and knowledge to respond to these new opportunities.


Clearly rural policy responses need to be different in these rural areas when compared to
those where the economy is diversified, the majority of people are wealthy and have a range
of employment options, and there is a good level of service provision. The underlying
rationales for intervention are also very different. In these ‘underdeveloped’ rural regions,
policies may need to be targeted at reducing poverty, up-skilling the population to help them
diversify away from agriculture and take advantage of new business opportunities outside
agriculture, and ensuring basic service provision. Such interventions will help to improve the
socio-economic performance of these regions, increase cohesion and reduce the intra-
country disparities, thereby helping to boost the performance of the country as a whole. For
better performing rural regions, appropriate interventions may be more focused on the
provision of affordable housing in areas where house prices have been artificially raised by
the in-migration of wealthy commuters or second home owners, for example.

Building on this introduction, this report has three main sections. Section 2 presents
summary data relating to some of the challenges facing Europe’s rural regions. Section 3
discusses the ‘state-of-the-art’ in terms of rural policy approaches, reviewing the OECD, EU
and Eastern Partnership approaches and how they have evolved over the last two decades.
Section 4 of the report discusses a set of key themes and the opportunities and/or
challenges they represent for rural regions across the Council of Europe member states,
drawing on case study information. Finally, the report concludes with a set of
recommendations to tackle the challenges facing rural regions and to fully grasp the
opportunities. Underlying these recommendations are the key principles of place-based
working, including taking a territorial, holistic approach, working in partnership, fully involving
local people and being positive, so as to maximise the potential of the range of assets
available locally.

2. The challenges facing Europe’s rural regions

2.1 Introduction
This section briefly outlines some of the key challenges facing Europe’s rural regions,
drawing on data and illustrations where appropriate.

2.2 Rural population change
Map 1\(^{10}\) shows the EU urban-rural typology, illustrating the (NUTS 3) areas classified as
predominantly rural, intermediate and predominantly urban.

In 2012, 51.3% of the EU's land area was classified as predominantly rural accounting for 22.3% of the EU's population (112.1 million people).

Map 2 below, shows population change across the NUTS 3 regions in 2014. Comparing this to Map 1 of the urban-rural typology demonstrates that many of the predominantly rural regions of the EU experienced population decline of over 4% in this year. This includes rural areas of Spain, Portugal, Italy, Scotland, Finland, the Baltic States, Romania and Greece. This is an ongoing trend for many rural regions. In contrast, many of the intermediate regions experienced population growth, including in parts of the UK, Germany and France. Map 2 clearly demonstrates the diversity across Europe's rural regions in terms of population change.
2.3 Rural demographic ageing

Again using data from the EU, Map 3 shows the proportions of working age population in the total population in NUTS 3 regions. Many of the areas with the lowest proportions of their populations of working age are predominantly rural, particularly in the UK, France, Sweden and Finland where many areas have less than 57.5% of their population of working age.

Maps 2 and 3 highlight the considerable demographic challenges that are facing many of the EU’s rural regions. These demographic challenges have potentially serious knock-on impacts, for example, in terms of land abandonment, decreased employment, reduced service provision at a time of increasing demand, and increased social fragmentation as a result of higher levels of poverty and exclusion.

Yet, at the same time, it is important to remember that demographic ageing can bring opportunities, for example by placing rural areas at the forefront of innovative ways of engaging older people in economic and social development opportunities locally.\textsuperscript{13}

\section*{2.4 Rural living standards, poverty and incomes}

There are other challenges facing rural regions in some of the Council of Europe member states alongside depopulation and demographic ageing, which can be illustrated with reference to evidence from Turkey and Russia.

Recent evidence from 2016 suggests poverty is a particular challenge in rural areas of Turkey. The rural poverty rate in Turkey is 35\% compared to the urban poverty rate of 22\%. This poverty is leading to a growing problem of hunger in rural Turkey and is also impacting on individuals’ and families’ access to secure employment, education and healthcare.\textsuperscript{14}

In Russia, over 27\% of inhabitants live in rural areas, amounting to 38 million people. The majority of settlements in rural Russia (72\%) are very small with less than 200 inhabitants; only 2\% of settlements have more than 2000 inhabitants, making basic service and infrastructure provision costly. The standard of living in Russia’s rural areas is very low and the income gap between rural and urban areas is increasing. In 2011, for example, wages in agriculture were only 52\% of the national average wage.

Russia’s agricultural sector suffered from a lack of investment during the period of economic transformation in the 1990s, due to its longer capital turnover, low return, outdated infrastructure and specific natural conditions of production. In turn, this led to reduced income for local people, unemployment and out-migration to urban centres. This resulted in a lack of capital and labour in Russian rural regions, leading to the degradation of both agricultural production and rural infrastructure, and giving rise to social tensions.

Focusing on Russia’s Stavropol Region provides further evidence of the challenges facing many rural regions in the Council’s member states. In 2011, agriculture made up almost one quarter of production from the region, with people employed in very many small organisations and enterprises, often at household level. The average per capita income in rural areas of the Stavropol Region was only 68.9\% of the Russian average. Workforce productivity in agriculture in the Stavropol Region was also below the national average. Depopulation from rural areas of the Stavropol threatens the existence of many small settlements as well as regional and national food security as people withdraw from working the land. Unemployment in the Region is also high as a result of the unattractiveness of the low paid jobs within agriculture and the lack of alternative options, and overall the population is ageing.\textsuperscript{15}


\textsuperscript{14} For more information, see: https://borgenproject.org/hunger-in-turkey-prevails-in-rural-areas/

3. Policies to support rural development

3.1 Introduction

This section of the report focuses on explaining how the OECD, EU and Eastern Partnership rural development policies have evolved over the last decade or so. This provides the context for the thematic discussion in Section 4 and the recommendations in Section 5 of the report. Before discussing these approaches in detail, it is worth making some introductory comments about the underlying rationales for state intervention in rural regions.

3.2 The rationale for intervention in rural regions

It is often assumed that the challenges in rural regions arise when there is market failure, i.e. the private sector does not provide a good or service because it is uneconomic to do so. In these instances the public sector and/or (increasingly) the third or community sector, is required to intervene. However, this intervention may be based on different underlying rationales. One is the welfarist rationale, i.e. the need to support basic levels of social wellbeing and to promote equity between citizens. In this rationale, the state may intervene in order to improve the living conditions of people in rural areas, to invest in infrastructure to provide public services, or to stimulate economic development.

Second, there is an economic rationale for intervention, in which the capitalist state operates to support businesses in the accumulation of capital e.g. providing infrastructure allowing businesses to develop in rural regions, providing loans, training etc. Third, there is a stewardship rationale in which state acts in the interests of society as a whole to ensure that rural land and resources are properly maintained and wisely used. Fourth, is a rationale which relates to the spatial control of the population. The reasoning behind this kind of intervention is to reduce the potential for instability and remove the need for the reconfiguration of public services resulting from the large-scale depopulation of rural areas and movement of people into cities (in response to economic downturn, for example). From a managerial perspective, it is better for the state to invest in economic development in underdeveloped regions hence reducing the push-factors for out-migration.

As evident from the discussion of the OECD, EU and Eastern Partnership approaches to rural development which follows, there has been an evolution in the type of intervention which is used in rural regions. In general, there has been a shift away from top-down ‘development’ approaches which involve large-scale, state-led infrastructure projects to ‘regeneration’ which implies bottom-up, small-scale, community-led rural regeneration, drawing on indigenous resources. These new bottom-up approaches provide a positive opportunity for local people to get involved - i.e. to become empowered - in shaping a tailored solution for the challenge/s they are facing.

Since 2008, there has been a new driver of change, namely the need to reduce public sector spending. This has also led to an increased emphasis on involving local community and private sector actors although the underlying rationale for this is very different – it is about efficiency and finding ways of reducing spending (i.e. ‘doing more with less’), rather than

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equity or territorial cohesion, for example\textsuperscript{17}. However, whatever the rationale or the regional and national context, the capacity of local people to engage in activities is critical. Without this engagement and empowerment, there is a real risk of increasing uneven development trajectories between rural regions.

3.3 The OECD’s approach to rural policy – places and investments

The OECD’s New Rural Paradigm (NRP), endorsed by member countries and published in 2006\textsuperscript{18}, advocated an approach to rural policy based on places and investments\textsuperscript{19}. The NRP is grounded in a territorial, integrated (or multi-sectoral) investment approach which focuses on places rather than supporting sectors (largely through the provision of subsidies to agriculture), which was the dominant approach at the time. Following the principles of the NRP, the ‘job’ of rural policy is to identify and better understand how the various components of a local economy interact, and how indigenous capabilities for rural development may be supported.

The NRP places emphasis on supporting the exploitation and valorisation of local assets, the local identification of needs and opportunities, and boosting the competitiveness of rural areas through identifying new economic functions and improving the conditions for rural enterprise. While the key actors in previous approaches to rural development were national governments and sectoral agents (principally farmers), the NRP involves all levels of government (from the supranational to the local level) and various local stakeholders operating across all sectors. The NRP formed the basis for the OECD’s series of systematic reviews of country strategies for rural development\textsuperscript{20}.

Nine years later, in its ‘New Rural Policy: Linking up for Growth’ publication\textsuperscript{21}, the OECD noted the significance of the NRP as a result of the economic crisis in 2008 which encouraged governments to think about how to work harder at doing more with scarce resources. The NRP had advocated a radical shift in positioning rural policy as an investment strategy promoting competitiveness in rural areas, rather than a subsidy programme aimed at a specific sector (namely agriculture). As a result of the economic crisis, generating economic growth, increased competitiveness and more job opportunities became all the more important. At the annual OECD Rural Development Conference in 2012 in Krasnoyarsk, Russia, participants discussed how to develop policies and programmes aligned with the principles of the NRP. In its 2015 report\textsuperscript{17}, the OECD called for a new rural narrative which emphasised how important rural areas are in national objectives, including those relating to economic development and prosperity. The OECD cites ‘green economy’

\textsuperscript{17} Brown, D. and Schafft, K. (2011) \textit{Rural people and communities in the 21\textsuperscript{st} century}. Cambridge: Polity.


\textsuperscript{19} For more information on the NRP and its applicability in the UK, see: http://www.sruc.ac.uk/info/120485/thriving_communities-archive/777/2012_building_on_the_new_rural_paradigm.

\textsuperscript{20} A list of all the country reviews can be found online here: http://www.oecd-ilibrary.org/urban-rural-and-regional-development/oecd-rural-policy-reviews_19909284.

initiatives as one example of a change in perception of rural areas and their importance which resulted in large (public and private) investment.

One year later, ten years on from the NRP, the OECD published its 2016 Regional Outlook Report\(^{(22)}\), which argued that there has been progress in moving rural development approaches beyond farm supports to recognise the diversity of rural regions and the importance of connectivity to dynamic areas. The organisation put forward ‘Rural Policy 3.0’, representing a refinement of the NRP informed by their country-specific rural reviews. Rural Policy 3.0 moves from the conceptual framework of the NRP to identifying more specific mechanisms for implementing effective rural policies and practices, across increasingly diverse rural regions.

Rural Policy 3.0 argues that a key objective of rural policy should be to increase rural competitiveness and productivity in order to enhance the social, economic and environmental wellbeing of rural areas. This in turn will increase the contribution of rural regions to national performance. Within this approach, policies should focus on enhancing competitive advantages in rural communities and should draw on integrated investments and the delivery of services (not providing subsidies) that are adapted to the needs of different types of rural areas. Rural Policy 3.0 describes a partnership-driven approach (which could be rural-rural, rural-urban or government and non-profit/business partnerships) that builds capacity at the local level to encourage participation and bottom-up development. This capacity building is critical to fostering the success and resilience of rural areas.

3.4 The EU’s approach to rural policy – territorial and bottom-up

3.4.1 Sectoral and territorial support for rural areas

Looking back to 1988, the European Commission’s communication on ‘The Future of Rural Society’\(^{(23)}\) included a number of important messages about the EU’s rural areas, including that these areas are diverse, and that rural development is not only about agriculture, but is about broader economic, social and environmental development and therefore requires an integrated policy approach which is multi-disciplinary and multisectoral in its implementation. The communication concluded that there must be a coordinated, integrated management of policies relevant for the development of rural areas. These key messages remain as relevant now as they were in 1988.

The most significant support for rural areas in the EU comes through the Common Agricultural Policy (CAP) which accounted for approximately 40% of the total EU budget in 2014 (a significant reduction from 73% in 1985)\(^{(24)}\). Of this, around 30% is direct aid to farmers and market-related expenditure, with only 9-10% representing spending on wider rural developmental areas.


\(^{(23)}\) CEC (European Commission) 1988 The Future of Rural Society, COM (88) 501, Brussels.

development, such as through the LEADER programme. The EU’s rural development policy is funded through the European Agriculture Fund for Rural Development (EAFRD), which is worth €100 billion from 2014-2020 across all member states.

Member states and regions draw up their rural development programmes (i.e. Pillar 2 of the CAP) based on the needs of their territories and addressing at least four of the following six common EU priorities: fostering knowledge transfer and innovation in agriculture, forestry and rural areas; enhancing the viability and competitiveness of all types of agriculture, and promoting innovative farm technologies and sustainable forest management; promoting food chain organisation, animal welfare and risk management in agriculture; restoring, preserving and enhancing ecosystems related to agriculture and forestry; promoting resource efficiency and supporting the shift toward a low-carbon and climate-resilient economy in the agriculture, food and forestry sectors; promoting social inclusion, poverty reduction and economic development in rural areas.

Alongside the CAP, the EU’s Regional Policy directs large amounts of funding to rural areas, for example to improve infrastructure, encourage entrepreneurship and develop skills. Over time, there has been closer alignment of EU funding for agriculture and rural development with funding for regional development and cohesion, with all member states being required to establish a partnership agreement to coordinate all EU structural investment funding (ESIF) from 2014 onwards.

It is worth noting that there has been a shift in terms of the underlying rationale for rural development policies in the EU in recent decades, with a move (at least to some extent) towards a more territorial or place-based rather than sectoral approach, and an emphasis on bottom-up development, with local people involved in shaping (or better still leading) development projects, rather than reliant on top-down interventions. This has been in evidence since the launch of the LEADER programme in the early 1990s, but its key features can be summarised with reference to the 2009 Barca report which argued in favour of a place-based approach to policy-making in the EU:

“A place-based policy is a long-term strategy aimed at tackling persistent underutilisation of potential and reducing persistent social exclusion in specific places through external interventions and multilevel governance. It promotes the supply of integrated goods and services tailored to contexts, and it triggers institutional changes. In a place-based policy, public interventions rely on local knowledge and are verifiable and submitted to scrutiny, while linkages among places are taken into account… this strategy is superior to alternative strategies that do not make explicit and accountable their territorial focus….”

However, as demonstrated by the figures relating to the CAP budget breakdown above, funding for broader, territorial rural development is very limited when compared to sectoral funding for agriculture. Most notably, LEADER spend is required to be only 5% of member states’ rural development programme funding and often projects are somewhat separated...

25 “Liaison Entre Actions de Développement de l’Économie Rurale”, or “Links between the rural economy and development actions”.
26 See also Barca, F. (2009) An Agenda for a Reformed Cohesion Policy: A Place-Based Approach to Meeting European Union Challenges and Expectations, Brussels: DG-Regio
from other rural and regional development actions. More promising, however, is the generalisation of the LEADER approach as ‘community-led local development’ across all of the EU’s Structural and Investment Funds from 2014-20. The increased alignment of regional and rural development funding in the current programming period provides an important avenue for cooperation and coordination across these funding streams, i.e. a new opportunity for territorial development. It remains to be seen how far this opportunity is maximised to the benefit of Europe’s rural areas, particularly those experiencing serious demographic decline, in the current (and future) programming period.

3.4.2 A shift in focus from the needs of rural areas to building on their assets

Alongside the move to a more territorial and bottom-up approach to the development of Europe’s rural areas, there has been a shift from emphasising the needs of rural areas, to a more positive assets-based approach in the EU, as already discussed in relation to the OECD’s ‘New Rural Policy: Linking up for Growth’ report in 2015 for example.

The 1996 Cork Declaration – A Living Countryside, the ten point rural development programme for the EU, focused on the complexities and needs of Europe’s rural areas, and what should be put in place to support Europe’s agriculture and wider rural communities to fulfil their potential across economic, environmental and social objectives. The language is largely “needs-based”, for example: rural preference to be given to rural areas in terms of a fairer allocation of funds to enable sustainable development; an integrated approach focused on co-financing for those areas "most in need"; and diversification, described in terms of the necessary supporting framework to promote viable development.

In contrast, in 2016, in The Cork 2.0 Declaration – A Better Life in Rural Areas, the language is far more focused on innovation and the contribution that rural areas make to the wider economy, society and environment of the EU, with the starting-point being: “the key role of rural areas and communities in implementing the United Nations Sustainable Development Goals (SDG) as well as … the United Nations Framework Convention on Climate Change (UNFCCC)” (p.1). The Declaration notes: the value of rural resources; the importance of rural areas in Europe’s heritage; fostering innovation and entrepreneurship in traditional rural domains as well as new sectors of the economy; agricultural and forestry value chains being engines of growth providing jobs and livelihoods to millions; and the importance of farmers as stewards and principal providers of environmental public goods. This all culminates in ten “innovative, integrated and inclusive rural and agricultural policy” priorities around: prosperity; value chains; viability and vitality; environment, climate change and climate action; boosting knowledge, innovation and rural governance. The two-day conference itself (in September 2016) held a panel debate on “innovative and alternative delivery mechanisms”, with the conference as a whole recommending that EU policy makers:

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29 For more information, see: http://ec.europa.eu/agriculture/rur/cork_en.htm
30 For more information, see: http://ec.europa.eu/agriculture/events/rural-development-2016_en.htm
“improve public awareness of the potential of rural areas and resources to deliver on a wide range of economic, social, and environmental challenges and opportunities benefitting all European citizens” (p.5).

3.5 The Eastern Partnership’s approach to rural policy

As previously discussed, there is great diversity across the rural regions of European countries. While (accessible) rural regions in many countries in northern and western Europe, for example, are experiencing population growth and new investments and represent some of the best performing and wealthiest regions in these countries, there are many rural regions where a large majority of the (often increasingly older) population is in poverty and remains dependent on small pockets of land and subsistence or semi-subistence agriculture. In these areas rural infrastructure tends to be poor and the resources available to, and the capacity, of the local population are severely limited.

In recognition of these challenges and building on the experiences of the EU, the work of the Eastern Partnership has demonstrated the need for member countries to develop agriculture and rural development policy, including for small-scale farmers. Here, efforts to modernise agriculture and increase production in a sustainable way go hand-in-hand with developing the infrastructure of rural areas and increasing the income opportunities and improving the quality of life and prospects for local people.

In the 2014-20 programming period, through the European Neighbourhood Programme for Agriculture and Rural Development (ENPARD), Eastern Partnership countries are working with EU member states to prepare long-term agriculture and rural development strategies and build institutional capacities at national and local levels. While much of this work focuses on increasing the competitiveness and sustainability of the agricultural sector, there is recognition alongside this of the need to promote community-led rural development through both agricultural and non-agricultural initiatives to diversify economic, social and cultural activities in ways that will directly benefit citizens and their quality of life.

3.6 Conclusion - Rural policy approaches across the Council of Europe member states

This brief review of rural policy approaches in the OECD, EU and Eastern Partnership countries has revealed evidence of a transition in how the development of rural areas has been approached in policy terms. While the underlying rationale/s for intervention and the key points of focus may vary, there is certainly much similarity in terms of the guiding principles, including a greater recognition amongst policy-makers of the need to move away from top-down, exogenous initiatives focused on particular sectors towards place-based territorial approaches, which recognise the endogenous resources that rural areas have and the contributions that they can make (without losing sight of the challenges that many rural areas still have to overcome). This bottom up approach involves a shift in the way that rural development is managed (i.e. it is no longer about large-scale, state-led infrastructure

projects but is about cross-sectoral working) and a change in the type of activities that are promoted through development initiatives. Often economic development is no longer the main focus; initiatives may be more about community development. Importantly though they are led by empowered local people, working in partnership with others, including external agencies and individuals, through well developed networks.

Notwithstanding the advantages of transferring responsibilities to local rural communities, there are two key challenges with this approach. First, there may be instances where state intervention may still be required, for example, if a rural area has suddenly lost a significant employer resulting in unemployment and out-migration, in order to avoid large-scale depopulation and land abandonment. However, in an era where public sector budgets are tightening and governments are reducing welfare payments, this state support may become harder to find and justify. In these instances, greater onus is likely to be placed on communities to act, but they may lack the capacity and resources to make a difference when the challenges are significant.

The second related challenge is that, while for some communities this shift has been empowering, others which lack capacity, skills, resources etc. may find themselves falling behind, leading to a new uneven geography of rural development. While this is an issue in some of the more remote regions in EU member states, it may be more of a challenge in newer EU member states and other Council of Europe member states, which lack a tradition of local engagement in state initiated programmes. This does not mean that this should not be tried and be the guiding principle behind intervention, but extra state facilitation and support may be required.

4. Key challenges and opportunities for Europe’s rural regions

4.1 Introduction

Having provided some background information on the challenges being experienced by rural regions of the Council’s member states and on the shifts that have occurred recently in terms of policy approaches, the report now turns to discuss five key issues and the challenges and opportunities they represent for rural regions: territorial cohesion; social sustainability; employment; capacity-building; and infrastructure development.

Policy and research attention must be paid to these core issues in order to support the development of rural areas. Examples of good practice from across Council of Europe member states are included where appropriate. Section 5 then concludes the report with a series of recommendations.

4.2 Territorial cohesion

The concept of territorial cohesion, as understood in Europe, is based on “ensuring the harmonious development of all places and about making sure that their citizens are able to
make the most of inherent features of these territories. As such, it is a means of transforming diversity into an asset that contributes to the sustainable development of the entire EU\textsuperscript{32}. For the EU, territorial cohesion is critical to the promotion of economic and social wellbeing.

As the Congress itself noted in 2008\textsuperscript{33}, access to services of general interest\textsuperscript{34} in rural areas is a key element of social and territorial cohesion and should be delivered within the values and principles of equality, socio-geographic solidarity, continuity and transparency. The 2008 Recommendation argues that the preservation of sustainable rural areas is fundamental for the economic and social cohesion of an entire territory as urban and rural wellbeing are directly interlinked and complementary. Promoting sustainable rural areas depends on ensuring the provision of basic services for the local population; as the Congress notes “… meeting the needs of rural residents should be seen by public authorities as an integral part of a wider national social cohesion agenda”\textsuperscript{35}. For example, an uneven distribution of essential health care can render areas more vulnerable and damage social cohesion\textsuperscript{36}. It is often the most vulnerable that suffer if social services and infrastructure are in decline, including older people, children and young people, those on low incomes and people with long-term health problems.

In its recommendation to the Committee of Ministers of the Council of Europe, the Congress noted that the provision of services of general interest cannot be based solely on economic criteria and that the provision of these services generates sustainable economic growth and job creation, particularly in peripheral and sparsely populated areas. The Congress calls for the continuity and equity of access to quality services to be guaranteed by public authorities through appropriate legislation. Specifically in relation to health care, the Congress made a series of recommendations to the Committee of Ministers of the Council of Europe in 2007\textsuperscript{37},

\begin{footnotesize}
\begin{enumerate}

\item \textsuperscript{33} The Congress of Local and Regional Authorities (2008) \textit{Recommendation 235 Services of general interest in rural areas, a key factor in territorial cohesion policies}. Available online at: \url{https://wcd.coe.int/ViewDoc.jsp?p=&id=1264889&Site=COE&BackColorInternet=C3C3C3&BackColorIntranet=CACC9A&BackColorLogged=EFEA9C&direct=true}.

\item \textsuperscript{34} Including material goods such as public transport, housing, energy, water, waste disposal, telecommunications and banking and non-material goods such as health, culture, education and social services.

\item \textsuperscript{35} Congress of Local and Regional Authorities (2007) \textit{Recommendation 224 Ensuring territorial continuity of social services in rural regions}. Available online: \url{https://wcd.coe.int/ViewDoc.jsp?p=&id=1124529&Site=COE&BackColorInternet=C3C3C3&BackColorIntranet=CACC9A&BackColorLogged=EFEA9C&direct=true}.

\item \textsuperscript{36} Congress of Local and Regional Authorities (2007) \textit{Recommendation 223 Balanced distribution of health care in rural regions}. Available online: \url{https://wcd.coe.int/ViewDoc.jsp?p=&id=1124519&Site=COE&BackColorInternet=C3C3C3&BackColorIntranet=CACC9A&BackColorLogged=EFEA9C&direct=true}.

\end{enumerate}
\end{footnotesize}
including inviting governments to identify areas which are vulnerable to, and to combat the phenomenon of, ‘medical desertification’ (where certain areas are seen as less attractive for medical professionals causing them to leave), to offer financial aid for medical training in return for students practicing in a rural or remote area, and authorising increments in wages in rural areas.

In its recommendation in 2007\textsuperscript{38}, the Congress argued that improving the quality and accessibility of services should be a key part of social cohesion agendas which should be approached as a social investment rather than a social cost. To do this effectively, a number of actions are required, including sharing best practice, social services policies which are specifically aimed at rural areas and address local needs such as infrastructure support, and a strong element of user involvement in which rural communities are consulted on the priorities for service development. In the period since these recommendations were made ten years ago, new forms of service delivery are emerging in many European countries, including public-private partnerships, cooperatives, voluntary groups and new delivery methods involving digital technology. Communities and voluntary bodies are co-constructing services with public sector agencies and local government, with the aim of making them fit for purpose, particularly in a rural setting.

\begin{mdframed}
\textbf{Moldova: Agriculture and rural development}

\textit{Matthew Brown, SAC Consulting, Scotland's Rural College (SRUC)}

The main objective is to support Moldova to strengthen its economic, social and territorial cohesion in an environmentally sustainable fashion. Substantial support is provided for the development of rural areas, by increasing the competitiveness of the agri-food sector through modernisation and market integration. One of the important results expected is a strengthened policy, legal and institutional framework.

The Energy and Biomass project is promoting the use of renewable energy from Moldova’s own sources which have not yet been well exploited, particularly in rural communities. The project is focusing on improving heating systems in public buildings by using waste straw from local agricultural enterprises, increasing awareness about renewable energies and promoting energy efficiency, including through the training of mayors and local civil society representatives. A new Renewable Energy and Energy Efficiency Award MOLDOVA ECO-ENERGETICA has been created. A kindergarten in Ermoclia Village in Stefan Voda district is the first public institution to be heated with energy from biomass within the framework of the Energy and Biomass project.

Work by the OECD in 2010\textsuperscript{39} further explored the challenges of delivering services in rural places and emphasised the need for rural citizens to make a strong case for continued public


\textsuperscript{39} For more information on rural service delivery, including innovative examples drawn from OECD countries, see OECD (2010) Strategies to Improve Rural Services Delivery, OECD Publications, Paris. Available online: \url{http://www.oecd.org/regional/regional-policy/oecdruralpolicyreviewsstrategiestoimproveruralservicedelivery.htm}.
support in these areas, particularly since budgets are being cut but rural areas are more dependent on public support than urban areas due to the costs of delivering services in areas where the population is small and sparsely distributed. However, such citizens must also seek to develop alternative ways of delivering services. The OECD’s 2010 publication contains many examples of new ways of delivering services, including using digital technology, joint delivery and involving users in service design and delivery.

Finland: The need for placed-based collaboration to enhance economic sustainability and cohesion

Andra Aldea-Löppönen, Doctoral Student, University of Oulu, Faculty of Education, and University of Bucharest, Faculty of Sociology and Social Work

Socio-demographic changes affecting Finnish remote rural regions are sparsity of its population, ageing population, youth out-migration, unbalanced gender migration and shrinking labour markets. The ageing population translates into reduction of the available labour force of rural remote areas and structural imbalances. Youth out-migration combines with unbalanced gender migration in remote areas: while searching for education outside home regions is common for both genders, return is more likely for males with females tending to search for a job or continuing their education outside of their original remote rural areas and even outside of rural areas completely.

These changes impact on the social and economic sustainability of the remote rural regions. Shrinking local labour markets result in fewer jobs available. Also structural challenges are present, meaning the available labour force does not always correspond to the demands of the local labour market. Infrastructure maintenance is also at risk. Employment opportunities are limited, with current policy focused more on urban logic pleading for economic concentration which ignores the resources and advantages of remote rural areas.

A collaborative approach is needed, with Finnish policy prioritising mechanisms that reward such partnership-working. Greater flexibility is required for those solutions that are adopted, combined with a more place-based approach, as recommended by the 2016 OECD report. There are positive developments in terms of smart specialization and the setting in of low-density economies. Experiments and knowledge exists around cooperation between public, private, knowledge and volunteer sectors who together are generating sustainable development initiatives. These forms of cooperation need to be further studied and rewarded in a place-based manner. There is a need for multi-level cooperation and harmonisation of policy at national level to enhance positive impacts on regions, particularly in relation to transport and digital infrastructure.

OECD Report:
Other Report links:
http://www.eprc-strath.eu/Publications/EU-Cohesion-policy.html

4.3 Social sustainability

Social sustainability is not a term which is well defined, but it is usually taken to refer to the ability of a community to develop processes which meet the needs of its current and its future
members, sometimes also called community resilience\textsuperscript{40}. The term social sustainability therefore encompasses issues such as the ‘balanced make-up’ of communities: young and old, employed and unemployed, private and state housing, etc. and the extent to which community members are well-networked with one another and with organisations/individuals externally who may be able to provide resources that they do not have. The latter point relates to the large body of work on social capital and embeddedness. Social sustainability could therefore be argued to require the existence of balanced social capital: a balance between “bonding” (linking people in the same place) and “bridging” (linking people in one location with those in another location). Too much bonding capital can lead to communities being inward-looking, exclusive, and not willing to learn and exchange\textsuperscript{41}.

Other capitals need to be in place, to allow for the ‘spiraling-up’ of communities, so that they remain sustainable, particularly when circumstances change, such as the main source of employment closing (due to relocation or exhaustion of a resource such as fish or coal). These capitals include: political, human, financial, natural, built and cultural and combine to form a strong basis for community projects and activities\textsuperscript{42}.

Leadership is also required to maintain or enhance social sustainability. Models of leadership differ: in the USA, for example, development work suggests that leadership can be learnt, whereas rural development models in Europe suggest it exists as a special quality in individuals and cannot be transferred\textsuperscript{43}. There is a need to explore how leadership has been, and needs to be, developed to increase sustainability, particularly in remote rural areas (see Section 4.5 concerning capacity).

The collective availability of all of these skills and resources is dependent on the demographic make-up of the community. The assumption that is usually made is that communities with mixed age, gender, occupational, local-migrant, etc. profiles are those which are most likely to have access to a broad range of skills, experience, knowledge and information. This can be translated into specific investment requirements for service and infrastructure providers to help ensure that the right mix of services is available to support the creation of balanced communities. In addition to this, it is critical that all people have a voice in shaping decisions relating to the current and future shape of their community so mechanisms are required to ensure this happens, including for the most disadvantaged and excluded groups (such as the unemployed, older people, single mothers, ethnic minority groups, etc.)\textsuperscript{44}.

\textsuperscript{40} Magis, K. (2010), Community Resilience: An Indicator of Social Sustainability, Society and Natural Resources, Volume 23 (5). \url{http://dx.doi.org/10.1080/08941920903305674}


Romania: Complex demographic trends and shifts requiring a socio-demographic policy focus

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Demographic changes affecting remote rural regions of Romania are an ageing population, imbalanced gender migration and circulatory/temporary migration (whereby flows of people leave their homes for months or years to work, for example in Spain picking tomatoes, then return periodically to invest in Romania, building a house, building something for their relatives etc.). While urban-rural migration shows a similar picture as rural-urban migration, remote rural regions are unlikely to receive young in-migrants. Rural areas and especially remote rural areas are more likely to be perceived as a push factor for young migrants and especially for female out-migration. While this movement is evident, the exact patterns deserve further investigation. Circulatory/temporary migration is affecting rural Romania as the young labour force finds employment outside the country.

There are increasing gaps between institutional settings and how they work in practice, and the expectations of the younger population, especially of those who have experienced circulatory migration. There are many cases of inter-generational support with children left in the care of grandparents and relatives. Available services are reducing and there are strong challenges for rural municipalities in allocating resources to the most remote villages.

Rural development policies in Romania tend to focus more on economic development, partially or totally ignoring current socio-demographic realities. There is social pressure for a more transparent way of applying policies. There is an attempt to survive through micro-entrepreneurship with some volunteer organisations offering alternative services to special groups in need. For children at risk there are few alternative foundations offering services. The existing volunteer organisations and private micro-service providers need to be further encouraged and developed. Further research is required on genuine cooperation between private public knowledge and volunteer sectors, including policies to support this. Furthermore, a place-based approach which builds on existing experience and capacity while taking account of local needs and interests may ensure better social sustainability.

For more information, see:
https://pressone.ro/sociologul-dumitru-sandu-politicienii-judeca-strada-ca-si-cum-ar-fi-cea-de-acum-10-20-de-ani/
https://www.academia.edu/28426403/Youth_migration_as_strategic_behaviour_in_a_multilevel_approach

4.4 Employment

Rural areas often display some of the characteristics of the modern economy: driven by endogenous growth and innovation systems; led by the service sector; well-networked using ICT and a highly skilled workforce; and with SMEs accounting for the bulk of the jobs. However, this is not the case for all rural areas. In some areas skilled labour is often in short supply, there are few well-paid secure job opportunities, and connectivity may be poor.

Scotland’s Rural College.
http://www.sruc.ac.uk/info/120428/rural_scotland_in_focus/1265/2014_rural_scotland_in_focus_report
The employment profiles of rural regions often demonstrate great diversity in terms of their employment patterns. In accessible rural areas, the sectors in which individuals work tend to be varied, but this is due to the influence of urban commuting by local residents. This also leads to relatively high levels of income in accessible rural areas, which can mask lower incomes and deprivation amongst those who are not able to commute to better paid jobs outside their local area. Rural areas which are remote from urban centres tend to be dependent on a much narrower set of sectors (including agriculture and tourism) in which employment is often low paid, seasonal and low skilled with limited opportunities for training and career advancement. In general, rural areas also tend to have higher levels of self-employment, home-working, family-owned businesses, micro-businesses and sole traders than their urban counterparts. High self-employment is, however, not necessarily an indicator of high levels of entrepreneurship as people may be forced to set up their own business due to a lack of alternative employment options.

For the OECD, the growth potential of rural areas depends on their capacity to modernise their economic base and to innovate, in other words to produce goods and services that can be sold at a profit in local and in international markets, and to introduce new sectors and new markets. For the OECD, the future prosperity of rural regions depends on enterprise, innovation and new technologies, tailored to specific markets and applied to new and old industries. Critical to demonstrating how these processes operate in rural regions is a more holistic understanding of innovation and how it emerges in a rural setting.45

Policy-makers must have a thorough understanding of the features of their rural economies in order to support them through appropriately tailored support to SMEs and microbusinesses for example, or through skills development programmes.46 The particular characteristics of employment and the business population in rural areas calls for differences in the types of support available and the modes of delivery of that support. For example, policies may be required that focus on getting young people into employment in rural areas so that they are less likely to leave.47 Conversely, as the population ages, policies which focus on bringing older people (that wish to) back into employment or encouraging older individuals to remain in employment for longer, may be appropriate. No matter what the age of the business owner, however, it is often the case that rural firms are smaller than their national average and have lower turnover levels, expenditure on R&D, patent registrations, etc. Therefore national policies which support high growth, high turnover or innovative businesses may miss many rural firms which would benefit and instead largely focus on


urban firms. Enterprise agencies need to recognise the particular characteristics of the rural business population and ensure that the support they offer is fit-for-purpose.

**Russia: Fostering diversification and entrepreneurship in Krasnoyarsk**

In its Territorial Review of the Krasnoyarsk Agglomeration in the Russian Federation, the OECD argues for the importance of fostering diversification (away from dependence on the primary sector) and thereby creating a better climate for entrepreneurship in the agglomeration. More specifically, the OECD recommended incorporating entrepreneurship into tertiary and secondary education and better coordination of entrepreneurship programmes.

Support for the agglomeration’s innovation system was also recommended, including through ‘softer’ investment in technology platforms and supporting innovative start-up and small firms. It was also recommended that internal and external connectivity be improved (including by supporting better public transport arrangements) and that closer links were made at agglomeration level between the land use, economic development and transport planning systems.


This can be achieved by those working in rural areas presenting evidence to national economic policy-makers to demonstrate the ways in which rural businesses differ from urban businesses and therefore the ways in which policies need to be different (in content and delivery format) to ensure that they are appropriately supported.

**Scotland: Providing rural enterprise support – GrowBiz (Enterprising Eastern Perthshire Limited)**

GrowBiz is a community-based enterprise support organisation covering rural Perthshire in Scotland. It was formed in 2007 based on the Sirolli model of enterprise facilitation, and provides a range of enterprise support activity to individuals and start-up and existing enterprises in the region. Growbiz offers a combination of individually tailored one-to-one support, mentoring, networking and facilitated peer support to individuals and businesses looking to start-up or develop their business. The model is fully client-led, easily accessible and provides a mix of personal and business support.

A recent review of Growbiz activity found that the informal, supportive and personal nature of the enterprise facilitation support it provides through being embedded within the community is key to its success with its client base. The GrowBiz model was found to be inspiring and effective and it has been identified as a source of good practice for the provision of rural enterprise support and facilitation elsewhere in Scotland.

For more information, see: [http://growbiz.co.uk/](http://growbiz.co.uk/)
Work has been undertaken recently by the Ukrainian Rural Development Network, for example, to send evidence relating to rural entrepreneurship to the Ministry of Economic Development and Trade of Ukraine, to inform the draft national Strategy for Small and Medium-Sized Enterprises until 2020. Similar work has been undertaken recently in Scotland.

4.5 Capacity-building

There have been many initiatives to increase the capacity of communities, in recognition that this is central to them being able to take full advantage of the shift that has occurred in the rural policy framework in recent years from top-down, sectoral and state led development, to bottom-up, place-based and community-led regeneration.

In the EU, the main consistent approach has been the LEADER programme which, since 1991, has been the mechanism to support risk-taking and innovation by communities, where they can develop new projects and programmes to enhance the resilience of their rural areas. Projects vary in size, focus and duration. The principles of the LEADER approach are also present in the Eastern Partnership’s call for the promotion of community driven rural development, including through enabling community participation in agriculture and rural development policy and strategy development and the creation of local action groups to identify priorities and participate in local development initiatives.

However, there are concerns that such initiatives give advantages to those communities that already have capacity to use the programmes, so there is a need to monitor who is benefiting and who is excluded. Also it is important to explore whether these schemes can build enough capacity to address some of the bigger infrastructural issues, such as broadband. There is an increasing reliance to deliver this through community-led initiatives, but not all communities have the capacity to do this, so they are missing out. This can lead to enhanced social inequalities.

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48 For more information, see: http://urdn.org/rural-entrepreneurship-proposals-2020/.
Asset based approaches are increasingly being used and this is positive where it empowers communities. This quote from the European Rural Parliament in 2015 reflects the importance placed on building local capacity alongside a supportive government and policy framework:

“The pursuit of our vision demands in every country, a refreshed and equitable partnership between people and governments. We, the rural people and organisations, know that we have a responsibility to give leadership and to act towards our collective wellbeing. But we also fairly demand that governments at all levels… work to make this crucial partnership effective.54

This is reflected in the Rural Parliaments across Europe55, with the emphasis on partnerships also being echoed in the OECD 2012 Report:

“New formal and informal institutions may be required to facilitate negotiation and dialogue at local level and mobilise and integrate all actors into the development process. Institutions that ‘raise’ the region’s voice in dealing with national and international actors may also be required.”

### Scotland: Capacity building through legislation with underpinning funding and institutions

In 2015, Scotland introduced the Community Empowerment (Scotland) Act, which aims to put communities at the centre of local-level development, involving them in decisions which impact on their future. The 2015 Parliamentary legislation is an “enabling framework” for empowering individuals and communities. Local Government, structured into 32 Local Authorities (Municipalities), has to involve communities in: decision-making; parts of their budget-setting; aspects of service assessment and provision; plus create opportunities for communities to buy publicly-owned assets.

This shift towards putting communities “centre-stage” is reflected in other legislation, notably the Land Reform (Scotland) Act 2016, where communities have greater opportunities to buy land from Government, private or public owners, and where their views have to be taken into account in some land-use decisions, particularly in relation to redundant (unused) land. The Scottish Parliament is also in the process of creating an Islands Bill, which will see specially-designed legislative measures to recognise the specific challenges, characteristics and opportunities of Scotland's northern and western isles. The Democracy Bill is also aiming to bring specific aspects of local, place-based decision-making into effect.

Coupled with legislation is a series of funding opportunities and institutions. The Scottish Land Fund has existed for many years, and is in its third cycle, now available to rural and urban populations to purchase small and large land parcels to support community regeneration and sustainability. Land and asset transfer are supported by the Community Ownership Support Service (COSS), hosted by the Development Trusts Association Scotland (DTAS); capacity-building is a key part of their role. Community Land Scotland (CLS) is an umbrella body which supports community trusts and associations that have bought (or are seeking to buy) the land they live and/or work on. Knowledge exchange and capacity support are informally delivered through the CLS network.

54 For more information, see: [http://europeanruralparliament.com/](http://europeanruralparliament.com/).

Research (related to the LEADER “Capacity for Change” programme) has been carried out focusing on the need to build capacity in rural communities to be able to make the most of opportunities that are becoming available through community empowerment legislation and funding mechanisms. Otherwise there is a danger that only those communities that already have the capacity to engage will do so, leaving those who are not able to do so to fall even further behind. This raises issues of equity, social justice and inclusion – all of which are part of the Scottish Government’s larger set of national outcomes, and therefore form on-going imperatives for rural Scotland’s economic and social development.

LEADER “Capacity for Change” Programme: https://www.sruc.ac.uk/downloads/file/2195/2014_building_community_resilience_and_empowering_communities_that_do_not_engage

4.6 Infrastructure development

Due to their remote (and often island) location, rural areas depend on a variety of forms of infrastructure for their connectivity, including ferries and air transport. Schemes to reduce travel costs for those living and working in remote island areas have greatly helped (e.g. in Scotland, Road Equivalent Tariff (RET) and Air Passenger Duty discounts), plus RET has reduced travel costs for tourists going to the remoter islands, thus increasing trade and generating additional local trade and income.

Maintaining road and rail networks are a challenge in rural areas, due to the distances that need to be covered, the difficulties of integrating road and rail, the small numbers of users and adverse weather conditions. Nonetheless, such “lifeline” services remain vital.

There has been a push since 2000, through various European targets, to increase the reach of high speed and next generation broadband across Europe, in order to enhance cohesion. Cities are benefitting from investment in superfast broadband (150MB and above) and exploration of the 5G network. This means that rural areas reliant on 1.5MB broadband and 2G coverage will experience an ongoing, if not growing, digital divide.

In recent years, it has also become a human rights issue, as access to reliable, good quality, affordable broadband gives so many other rights – to education, information, jobs, health care etc. It is crucial that this continues to be pushed, and that investment is made to overcome the market failure of the private sector.

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58 For more discussion of this, please see: Skerratt, S. et al. (2012) Rural Scotland in Focus 2012, Edinburgh, Rural Policy Centre, Scottish Agricultural College. Available online: https://www.sruc.ac.uk/info/120485/thriving_communities_archive/466/2012_rural_scotland_in_focus_report
In a recent paper on social innovation\textsuperscript{59}, it has been argued that once remote areas have access to high speed internet (providing them with ‘virtual proximity’), the use of novel technology offers great opportunities, as it greatly improves their connectivity, and thus the accessibility of external services, resources and social networks. These are vital to social innovation as the linkage and collaboration gives access to exogenous resources, which allow for revitalisation if matched with endogenous forces. This paper refers to the recently established broadband internet cooperatives in communities in the Netherlands, in which citizens, governments and local businesses collaborate\textsuperscript{60}.

**Scotland: Building digital infrastructure and community capacity in rural areas through superfast broadband**

In 2016, Scottish Government Ministers committed to deliver 100\% superfast broadband coverage (more than 24MB/sec) to all of Scotland by 2021 as part of their vision for Scotland to have “world-class digital infrastructure by 2020”. The 100\% commitment aims to extend access to the fibre network in areas that are not reached by the market alone, such as rural and remote communities and businesses. The Scottish Government “anticipates that improved connectivity will stimulate business innovation, boost productivity and enhance Scotland’s international competitiveness”.

The Scottish Government established Community Broadband Scotland (CBS) in 2012 to provide broadband solutions to some of Scotland’s remote, rural communities. In 2016, CBS approved funding of £2.1 million towards the cost of 15 projects, providing 3,950 premises with access to superfast broadband; thirteen projects are offering broadband services to people in their community.

Challenges exist: (1) there are more projects than CBS has budget for, so it is not clear if future projects will be achieved; (2) CBS feels it is constrained in getting projects to procurement because of lack of information on how Scottish Government funds will be used.


\textsuperscript{60} For successful examples, see: [http://langedijke.opglas.nl](http://langedijke.opglas.nl) or [http://www.boekelnet.nl](http://www.boekelnet.nl)
In 2016, the Scottish Government established the “reaching for 100% project” and there is still clarity emerging about the role of CBS in delivering to the “final 5%” of premises in rural and remote Scotland.

Community Broadband Scotland: [http://www.hie.co.uk/community-support/community-broadband-scotland/](http://www.hie.co.uk/community-support/community-broadband-scotland/)

Audit Scotland Reports:

Mobile phone coverage is equally important, with many rural areas having no coverage. There is evidence that this has safety implications for farmers and other ‘lone-workers’ who cannot easily phone for help when they have an accident. It also means that young people feel disconnected from their peers and from wider digital society due to being unable to link with social networking and information sites.

5. Recommendations

Based on the evidence presented in this report, relating to the key challenges facing rural region, the differing underlying rationales for intervention and the thematic challenges and opportunities discussed in Section 4, the report concludes with a set of eleven key recommendations.

1. Building local community capacity: Given the trend in rural policy-making across Council of Europe member states towards the increasing involvement of local people, building the capacity of all individuals within communities, to engage is critically important. The risk of ‘Darwinian’ development - where communities (and individuals) that have the capacity to engage become stronger and those that have more limited capacity to engage are excluded and therefore fall further behind – is very real and must be minimised. Key to the success of place-based approaches is trust on the part of policy-makers to allow and encourage communities to get involved or even lead often in ways that might be difficult to monitor and measure.

2. Emphasising potential and assets rather than needs and deficiencies: There is a need for a much more positive dialogue and approach to the development of rural areas through a shift from emphasising their needs to their assets and how their contributions can be maximised. While not forgetting the challenges, we need to

61 [https://www.sruc.ac.uk/download/.../mobile_phone_coverage_in_rural_scotland.pdf](https://www.sruc.ac.uk/download/.../mobile_phone_coverage_in_rural_scotland.pdf)
64 [https://www.nfuonline.com/assets/64162](https://www.nfuonline.com/assets/64162)
recognise that rural areas have much to offer the regions and countries in which they are located, including delivering food security, clean water, carbon sinks, productive forestry, locations for outdoor and adventure tourism, and renewable energy.

3. **Transforming challenges into opportunities:** Notwithstanding the challenges that many rural areas still face, there are many opportunities available to those areas with the resources and capacity to grasp them. For example, rural regions could be at the forefront of innovative approaches to: service delivery using the latest digital technologies; maximising the economic and social contributions of older residents; delivering multiple benefits from natural resources and resource-based amenities; seeking alternative approaches to economic growth, based on wellbeing, quality of life and happiness, and; delivering the supply of good quality and affordable food.

4. **Recognising the diversity of rural regions and localities:** Rural regions are becoming more diverse and so the phrase ‘one-size-does-not-fit-all’ has never been more appropriate. This diversity is likely to increase in future. It is therefore even more important than ever to recognise that there can be multiple sustainable development pathways. Supra-national, national and regional policies in different countries are important in providing an overarching vision and framework but they need to demonstrate flexibility and ‘fit’ to local context. Local and regional institutions have a critical role to play in articulating this diversity and working to ensure that programmes are tailored and fit-for-purpose.

5. **Ensuring equity and maximising wellbeing:** As well as seeking to maximise their contribution to national economic growth, supporting the development of rural regions has a social rationale in that it contributes to more inclusive and sustainable growth and helps to build a fairer society in which no individuals or people are left behind. There is also an equity argument behind the need to support basic service provision in these areas and to encourage enhanced wellbeing for rural residents across multiple dimensions, including economy, society and environment, which is comparable to urban dwellers. Social innovation has been put forward as the new panacea for realising development and growth while, at the same time, ensuring social inclusion and counteracting social inequality.

6. **Supporting entrepreneurship and innovation:** Irrespective of the structure of the economy in a rural region (especially the importance of otherwise of agriculture), supporting entrepreneurship by individuals and communities will help to diversify the local economy. Support can be offered in many different ways, including through mentoring and peer support, grant and/or loan funding from the public or private sectors, or help and advice on the different aspects of running a business, including marketing, networking and making the most of digital media.

   a. Policy-makers need to recognise that creativity, inspiration and learning are likely to be the most probable form of innovation, often in response to a challenge or problem and that innovation in rural regions may be undertaken

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by individuals (especially entrepreneurs) and communities. It may be small-scale but nevertheless critically important to the future of a business or community group. It is often based on tacit knowledge and strong social networks.  

b. As the future prosperity of rural regions will be driven by enterprise, innovation and new technologies, there is a need to ensure that these processes are fully acknowledged and supported by policy-makers while allowing local people to lead the shape of development responses based on their priorities and assets.

7. **Improving education and training:** Work by the OECD has recognised that the key drivers of growth do vary according to a region’s level of development, but education and training appear to be critical for all types of regions. There is a particular need for policies targeted at low skilled workers as well as expanding higher education. As low skilled workers tend to have low mobility, policies aimed at addressing skills gaps need to be well adapted to local conditions. From the OECD’s work, infrastructure does not appear to be the major constraint for the majority of regions, but where tackling infrastructure challenges is necessary, it should be done in conjunction with other policies in a shift towards a growth-oriented policy framework to fully realise the benefits.

8. **Tackling the digital divide:** Building on the previous point, as urban areas benefit from ever-increasing broadband speeds, rural areas are at risk of being left further and further behind. Investing in next generation broadband is therefore critical for rural regions. While digital communication cannot replace face-to-face communication, it gives rural people and businesses - both existing and new - access to external resources that may not be available locally enabling them to grow and diversify.

9. **Recognising the inter-relationships between rural development and agriculture:** Recognising the role of agriculture within rural development strategies is important. This is the case even in regions where it is no longer the dominant employer or generator of income, but is perhaps all the more important in regions and indeed countries where agriculture still forms an important employing sector. In these countries, it is critical that agriculture and rural issues are considered in tandem, for example through: connecting policies on agro-food sector competitiveness; SME support to diversify and grow; regional development; sustainable management of natural resources; infrastructure development and reducing poverty; and raising living standards. The associated institutions nationally, regionally and locally must

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be committed to making this coordination successful. This can be helped by ensuring clarity on their roles and responsibilities.

10. **Building on rural-urban interdependencies:** This report began by arguing that there is a commonly held mis-perception that cities are the engines of growth and rural areas are dependent on them for their survival. The evidence presented by the OECD, for example, demonstrates that many (accessible) rural areas are highly competitive and demonstrate good economic performance, often better than the urban areas they are close to. Rather than treating rural and urban areas as a dichotomy, policy-makers need to be more aware of the linkages and inter-relationships between rural and urban areas and how to maximise them for mutual benefit. The reality is that rural and urban areas are interdependent and policy approaches to make one of them more competitive should have positive benefits for the other.

11. **Improving the rural evidence base:** Underlying this place-based approach is a need for accurate and up-to-date evidence about all aspects of rural areas and the actors within them. Often there are gaps in the availability of data for rural areas as a result of small sample sizes or due to the costliness of collecting the data on a frequent basis, for example. Without a full evidence base, appropriate policies cannot be shaped for different places. Quantitative, statistical information is vital, but case study and qualitative evidence are important too, particularly given the diversity of rural regions, there is much that can be learned across Council of Europe member states through the exchange of evidence and best practice.

These recommendations form the key features of a place-based approach, which is at the heart of OECD’s NRP and Rural Policy 3.0. Indeed, the OECD argues that a place-based approach is more important in a rural region where the key determinants of growth tend to be specific to that region. The key features of such an approach include:

- building activities which involve, or better still are led by, people and communities but may still involve external agencies and resources, therefore forming good internal and external networks is critical;
- partnership working across all agencies and actors, including the community and private sectors with clear roles and responsibilities;
- working strategically and holistically across policy portfolios on a territorial not sectoral basis (the OECD talks of ‘policy packages’);
- building on the assets of places;
- building the assets, capacity and connectedness of communities.

Building these features into policy approaches for rural regions across Council of Europe member states offers a sound basis for securing the sustainability of these areas and high quality of life for those living in them.

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